Disclo\$ure

 Speakers Bureau for Aerie, Avantis, Bausch & Lomb, Glaukos, Reichert

Postops Gone Wild!

Robert P. Wooldridge, OD, FAAO





When things go bad

- When surgery goes well, postop care is easy! But...
- Surgery doesn't always go well and even when it does, some patients still develop postoperative problems







What can go wrong in first 1-2 days?

- Pain
- ▶ Loss of vision

Night of Surgery

> 76yo M calls at 9:00PM C/O severe pain in surgery eye





Ь

Causes of Postop Pain

- ▶ Days 0-1
- Betadine wash during surgery
- Punctate keratitis
- Corneal abrasion
- Lid speculum
- Very high IOP
- Days 2-4
 - Cornea usually healed
 - Elevated IOP still possible but less likely
- Endophthalmitis concern
 - · Deep pain or FBS?
 - · Loss of vision?
- · Are pain and LOV getting worse?

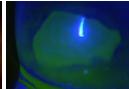


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9

Corneal Abrasion





Abrasion/PEK Management

- · Cycloplege!
- · Bandage CL
- · Maintain normal postop drops
 - Antibiotic, steroid, NSAID
- · Tylenol/Ibuprofen

Post-op Vision Rule # 1

Always be able to account for the patient's VA!



10

Poor VA Day 1-2

- Corneal edema
- AC hemorrhage/cell/flare
- Pre-existing problem

- Refractive error/poor IOL Rx choice

11

Causes of Poor VA After Surgery

- Refraction
- Media Opacity
- Retinal Damage
- Pre-existing
- Acquired post op
- Optic Nerve damage
- Pre-existing
- Acquired post op
- Amblyopia-
- Pre-existing

Posterior Capsule Opacification (PCO)

- ▶ Look AT and THROUGH → Vector Vision Posterior Capsule Gauge view of fundus
- Use retro illumination
- ▶ Test Contrast Sensitivity c/s glare
- Also valuable for evaluating cataracts
- BAT
- M&S Screen



Posterior Capsule Opacity



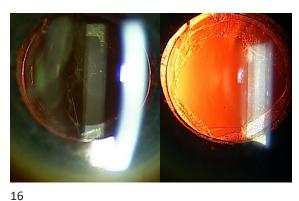
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Posterior Capsule Opacification

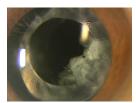






15

Elschnig Pearls Pre and post YAG





Capsular Phimosis

- · AKA Anterior Capsule Contraction Syndrome¹
- · Contraction and fibrosis of the AC by metaplastic lens epithelial cells
- · Risk factors
 - Small capsulorhexis
 - PXE, uveitis, etc
- Treatment
 - YAG Ant Capsulotomies
 - More effective if done sooner



Davison, J. A. Capsule contraction syndrome.
 Cataract Refract. Surg. 19, 582–9 (1993)

Phimosis Pre and Post YAG





Residual Refractive Error

- Deferral of Toric IOL-residual astigmatism
- Inaccurate IOL power calculation
- · Inability to get good pre-op measurements
- · Corneal edema/distortion
- Options for surgical correction
- · IOL exchange
- · Limbal Relaxing incision (LRI)
- LASIK/PRK



19

Toric IOL Off axis



21

Corneal Edema

- Normal vs. abnormal levels
 Epithelial v. stromal?
- Possible causes
 - Hard nucleus
- Extended surgery time, intra-operative complications
- · Corneal guttata
- Elevated IOP



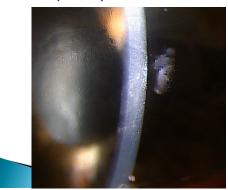
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23 24

Microcystic Epithelial Edema (MCE)



25

Corneal Edema Management

- Management
 - · Dependent on cause
 - · Increase steroid dosage
 - Tincture of time
 - · Possible surgery later
 - · If caused by elevated IOP in early postop period
 - · Burp the wound

26

Elevated IOP-Possible Causes

- Early causes
- · Retained viscoelastic material
- Inflammation
- · With/without retained lens material
- Pre-existing glaucoma
- Late causes
 - Steroid response
- Inflammation
- · With/without retained lens material



27

Elevated IOP Management

- · Mild elevation-topical meds
- · Severe elevation- Wound Burping



Burping the Wound

- Get consent
- Use Fluorescein
- Use sterile instruments
- Punctal dilator
- spactula
- Topical Ab
- Burp the PORT incision!!

 NOT the primary temporal incision!
 Start slowly, CHECK IOP frequently!
- WATCH AC DEPTH
- If the AC is FLAT, you've gone too far!
- If the cornea is CONCAVE, you've gone too far!

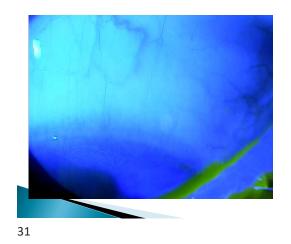


29

Not Appropriate for Burping

- Needle/syringe
- Toothpick
- Swizzle stick
- Chop stick
- Plastic utensils
- Spork
- pencil





What happens when a patient burps his/her own wound?



Peaked Pupil





Peaked Pupil





34

36

Lionel

33



- Fell and struck LE 6 days ago
- No pain
- Only slight reduction
- in VA





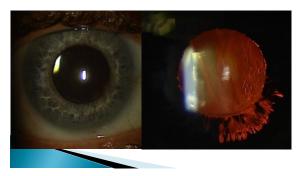
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Post repair-Exposed suture



37

IOL haptic causing TID



38

Waldo

- 73yo M monitored as pseudophakic glaucoma suspect
 - S/P PPV OU for retinal detachment
- Calls 9:00PM C/O sudden painless LOV OD
 Cannot read but can count his fingers
- What to do?
 - Meet me at the office in 20 minutes
 - See me tomorrow AM
- Differential diagnosis?
 - Retinal detachment?
 - · Vitreous hem?
 - · CRVO?

· CRAO?

39

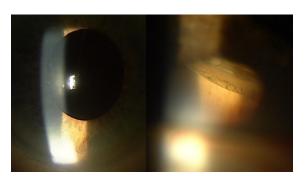
Waldo

- VA
- R CF L 20/70
- CVF FTHM OD
 - FTFC OS
- Clues:
- Negative APD OU
- Refraction
 - OD + 10.75+0.75x 103
- 20/30



40

Where's Waldo's IOL?

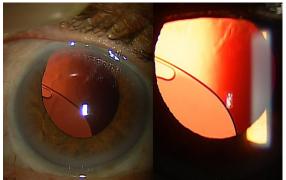


41

Randy Subluxed IOL after old penetrating injury



Peekaboo IOL



Torn Posterior Capsule

- Causes
 - S—t happens
- PXE-loose, fragile zonules
- Reposition in bag
 - With small tear

44

43

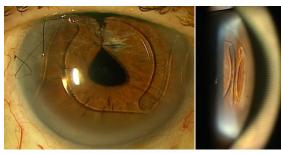
IOL Repositioning Options

- Anterior Chamber IOL
- Iris sutured IOL
- Posterior sulcus
- Scleral sutured posterior chamber IOL
- Yamane technique
 - Intrascleral sutureless posterior chamber IOL¹



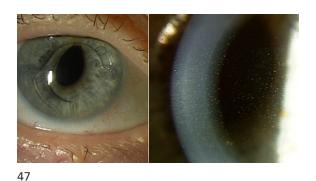
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AC IOL with iris suture repair



46

AC IOL

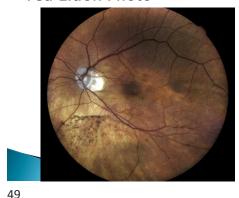


Iris-sutured IOL post-op

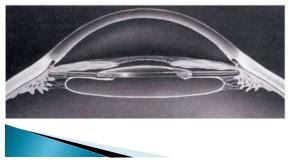


48

Ted Eidon Photo



Sulcus Fixated IOL



50

52

Shin Yamane, MD, PhD

 Department of Ophthalmology & Microtechnology Yokohama City University, Medical School, Yokohama, Japan

51

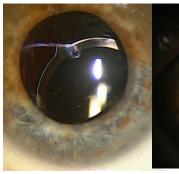


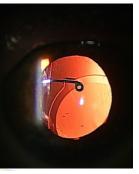
Yamane Technique¹

- · Sutureless IOL fixation
- Haptics buried within sclera
- · Requires specific IOL
 - C2 Lucia 602 Lens (Zeiss)
 - polyvinylidene fluoride (PVDF) haptics
- Thread haptics inside needle in AC
- · Pull needle with haptics into sclera
- · Cauterize haptic tip
- · Bury haptic in sclera

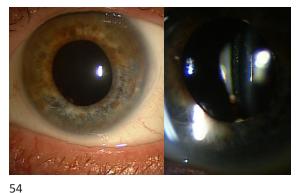
. Yamane S, Sato S, Maruyama-Inoue M, Cadonosono K. Flanged Intrascleral Intraocular ens Fixation with Double-Needle Technique.

Subluxed IOL Repair



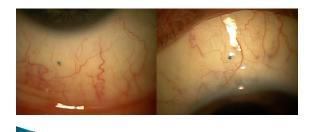


Post Repair 8/06/2019



53

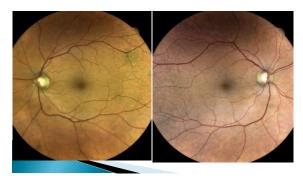
Yamane Technique: scleral-fixated haptics



55

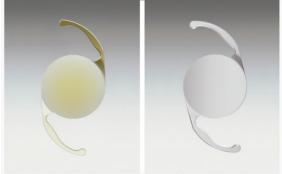
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What's wrong with these pictures?



56

IOL Options



57

Vitreous Prolapse

- Accompanies torn posterior capsule and/or broken zonules
- Check for
- vitreous to woundVitreous/corneal touch
- Treatment
- Usually just monitor
- · (+/-) Anterior vitrectomy



58

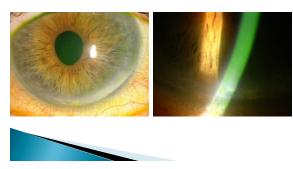
Retained Lens Material

- Where is it?
 - Ant chamber
- Vitreous
- ▶ What is it?
 - Cortex or nucleus?
- Cortex more easily resorbed
- Complications
 - Inflammation
 - Increased IOP
 - Corneal endothelium damage with nucleus in AC

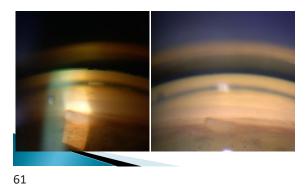


59

Ranae



Ranae

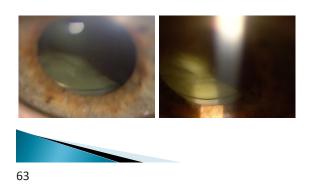


Marie

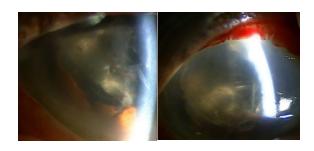
- 1 day post phaco/IOL
- VA sc 20/50
- 2+ Pek 3+ AC cells
 IOP 42
- Burped wound
- Day 2
- VA 20/40- IOP 50; AC 1+ cells
- Burped wound IOP 13 Add Travatan, Simbrinza
- Day 5
 - VA 20/30 IOP 40
- Burped wound
- DFE: reveals retained lens cortex
- Surgical consult: removed retained cortex

62

Fluffy Cortex posterior to IOL



Retained Lens Material (Dora)

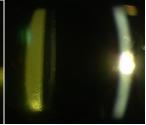


What's wrong with this IOL?

64

RLM-Treatment Options

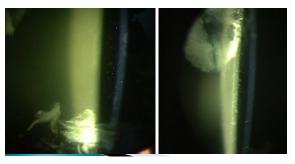
- ▶ Consult surgeon
 - Send photos
- Manage inflammation
 - Durezol QID
- Manage IOP
 - Medicate as necessary
 - PGA not the first choice
- Surgical removal if necessary
 - · Based on lens material, complications



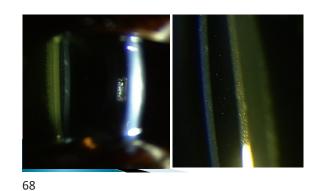
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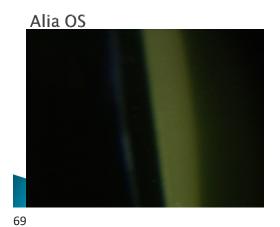
Alia OD



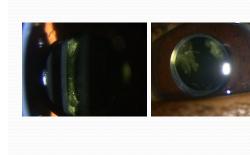
Alia OS



67



Alia Post YAG OU



70

Larry

- ▶ Phaco/IOL 4/27/17
 - · Post cap tear during surgery
 - Iris damage
 - $_{\circ}$ Monitored by MD until 5/5/17
 - · Referred to retinal specialist
- ▶ Sees me 5/15/17
 - VA 20/400 IOP 53
 - · Azopt, Combigan, Diamox administered in-office
 - Referred for surgical repair

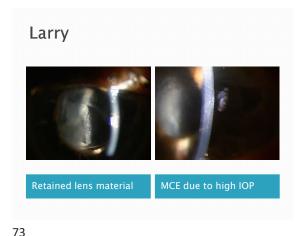


Larry

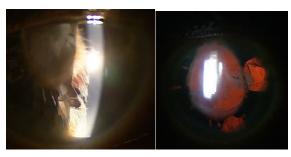




72



Iris Trauma



74

Surgical Repair

- Vitreoretinal surgeon
 - · Pars plans vitrectomy
 - Removal of retained lens material in vitreous and posterior capsule
- Anterior segment surgeon
- Positioned IOL
- Removed lens material in AC
- Sutured iris



75

Larry Post Repair



- VA 20/20
- Persistently elevated IOP
- Managed with topical meds
- Quiet eye

76

Iris Damage

- Mild, moderate or severe
 - · Mild-common, inconsequential
 - Moderate-probably no treatment necessary
 - Severe-Mgt dependent on symptoms
- Options for management
 - · Nothing
 - · Reposition IOL if necessary
 - · Iris suture if severe
 - · Artificial iris?

Intraoperative Floppy Iris Syndrome (IFIS)

- Small pupil syndrome initially described by Chang and Campbell in 2005
- ▶ Triad of
 - floppiness or billowing of the iris,
 - · progressive intraoperative miosis and
 - · iris prolapse through the surgical wounds
- Occurs in about 2% of cataract surgeries in the US
- ▶ Can occur in men OR WOMEN
- HTN is an independent risk factor

1.Enright J et al Curr Opin Ophthalmol 2017, 28:29-34 2. Chang DF, Campbell JR. J Cat Ref Surg 2005; 31:664-673.

78

Complications

- Short-term complications
 - Increased rates of posterior capsule rupture, vitreous loss, retained nuclear fragments, postoperative intraocular pressure spikes, iridodialysis, hyphema, and corneal endothelial loss
- Long-term consequences
 - permanent pupil deformity, and vision loss secondary to endophthalmitis, macular edema, or retinal detachment.



Agents with possible association

- Neuromodulators
 - benzodiazepines,
- · duloxetine (Cymbalta, a serotonin-norepinephrine reuptake inhibitor [SNRI])
- · donepezil (Aricept, acetocholinesterase inhibitor)
- Other agents
 - finasteride (Propecia, 5a-reductase inhibitor)
 - beta blockers labetalol and carvedilol



IFIS Pre-operative Management

- Male and female patients should be asked about current or prior use of a1-antagonists, particularly tamsulosin (Flomax, Jalyn), but also alfuzosin (Uroxatral), doxazosin (Cardura), terazosin (Hytrin), and prazosin
- Antipsychotics with a1 antagonist activity, including chlorpromazine (Thorazine), zuclopenthixol (Clopixol), and quetiapine (Seroquel)
- Discontinuing tamsulosin does not reduce the risk of IFIS!
 - No need to discontinue it

Alpha-1 antagonists

- tamsulosin (Flomax and Jalyn),
- silodosin (Rapaflo),
- alfuzosin (Uroxatral),
- doxazosin (Cardura)
- terazosin (Hytrin)
- prazosin (Minipress)
- Notably, gender, race, and diabetes are not independent risk factors for IFIS.



IFIS in Women

- Tamsulosin used for chronic urinary retention and off-label to facilitate passage of urinary stones in both men and women
- IFIS has been associated with antipsychotic medications and hypertension, which may affect either gender.



82

Pre-operative Management

- Poor preoperative dilation is associated with IFIS and should be noted,
 - although IFIS can occur in the setting of normal preoperative dilation.
- Atropine 1% TID x 2 days prior to surgery
- May help decrease intra-operative miosis

84

Intra-operative Management

- Intracameral epinephrine and phenylephrine reduce iris floppiness and promote pupillary dilation
- Ophthalmic viscosurgical devices
 - · Healon, Viscoat, etc
- Iris retractors and pupil expanders



Endophthalmitis Stats¹

- Systematic English literature review 1963-2003
- Overall incidence 0.128%
- Increasing since 2000
 - 1970's: 0.327%
 - 1980's: 0.158%
 - 1990's: 0.087%
- · 2000-2003: 0.265%
- Incision type has impact
- o clear corneal cataract extraction (1992- 2003) 0.189%
- scleral incision 0.074% (relative risk, 2.55 [95% confidence interval, 1.75-3.71])
- Limbal incision: 0.062% (relative risk, 3.06 [95% confidence interval, 2.48–3.76]) for limbal incision.

1.Mehran T; Behrens A; Newcomb R Arch Ophthalmol. 2005;123:613-620

87

Endophthalmitis

- Timing
 - Day 2-4 post op
 - · Later onset possible
- Signs/Symptoms
 - · Decreased VA
 - Pain
 - Redness
 - Increasing symptoms post surgery
 - Increasing/severe AC cells/flare
 - Vitreous cells
 - · Examination of vitreous

Post-operative Management

- Depends on postop complications
- Combination agents for increased IOP
- Acetazolamide short-term if necessary
 Avoid prostaglandins if possible
- Avoid burping wound!
- Increase steroid for inflammation
- Shield while sleeping
- Avoid pressing on eye



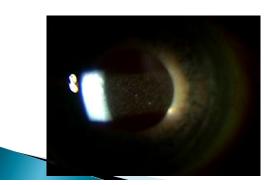
Bascom Palmer Experience 2000–2004

- Incidence: 0.04% (7/15,920) for cataract surgeries of all methods,
- Clear cornea 0.05% (6/11,462)
- cataract surgery by methods other than clear cornea 0.02% (1/4,458)
 - (P = .681, Fisher's exact test).
- Potential risk factors for endophthalmitis may include intraoperative complications, relative immune compromise, application of lidocaine 2% gel before povidone-iodine preparation, and inferior incision location

AJO 2005 139:6, 983-987

88

AC 4+ Cells 2+ Flare



90

Management

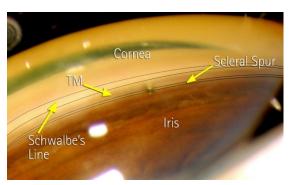
- Immediate call to phaco surgeon and referral to retinal specialist
- Likely vitreous tap with culture
- Intravitreal injection antibiotics
- Possible vitrectomy with AB's



MIGS

- ▶ iStent
- ▶ iStent Inject
- Cypass
- Hydrus Stent
- Xen
- Goniotomy
 - ${\color{red} \bullet} \ \, \mathsf{Trabectome}$
 - « Kahook Dual Blade (KDB)





95

What have we learned?

- Myriad of possible postop. complications
 - Mild, moderate, severe
- We can handle many of them
- Careful observation/frequent FU is critical with potentially serious findings
- Good communication is key
- With patients
- With surgeonsAlways tell patient "If you have any problems, like
- increasing pain or loss of vision, call us right away."
- ▶ BE AVAILABLE TO OUR PATIENTS 24/7

92

Specifications





94



iStent Injectss in position



97

iStent Pre-op Care

- Review risks and benefits of possible medical and surgical treatment options
- Do NOT promise that the patient will be able to stop some or all of their glaucoma medications
- Continue current glaucoma medications through day of surgery
- Confirm patient's VF, ONP and OCT are up to date
- Gonioscopy evaluating for synechia, iris processes, narrow anatomical angles, angle recession or any other abnormalities of the angle structure that may interfere with placement of the iStent

98

iStent Post-operative Care

- Use normal postoperative medications
 Antibiotic, steroid, NSAID of choice
- Continue current glaucoma medications
- Watch for IOP rise related to steroid response
- Evaluate IOP in context of target IOP
 Degree of damage, patient age, likelihood of progression
- If indicated, decrease medical treatment in stepwise fashion
- Perform gonioscopy to confirm iStent position

99

Post-op Complications

- Mildly increased AC reaction one Day 1
 - · Expected; usually no treatment indicated
- Hyphema
 - Occasionally happens
 - Usually no treatment necessary
- Elevated IOP
 - · Maintain preop glaucoma medications
 - · Add meds as indicated
- Poor placement of iStent
 - · Need to do gonioscopy to confirm!

100

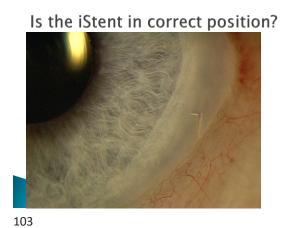
iStent Positioning

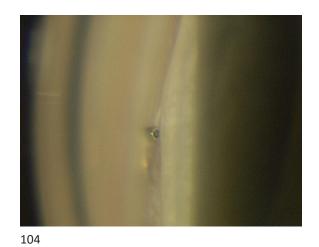
- Some iStents you can see externally
- Some you can't
- Gonioscopy necessary to judge positioning
 - Not necessary immediately unless obvious problem exists
 - ∘ 1 week-1 month

Good Placement



101 102



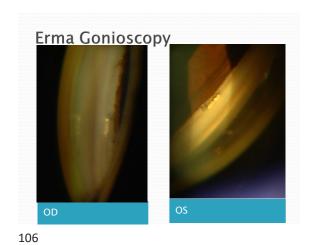


Erma

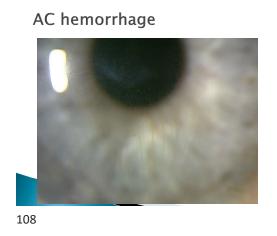
OD

OS

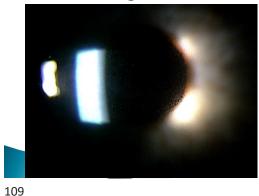
105



One Day Postop



AC Hemorrhage

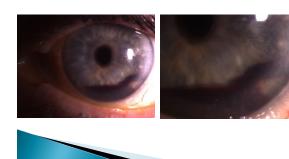


Blood in Inferior Angle



110

Hyphema: one week postop



Big Hems, Little Hems, Hems that Fill the Chamber

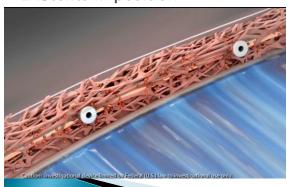
- Mild AC hems common within first week postop
 - Usually do not require intervention
- Moderate hems usually clear spontaneously Usually do not require intervention
- Severe hems
 - Watch IOP
- Surgical consult with severe hem and very high IOP
- Ask patient about anticoagulants

112

111



2 iStents in position



iStent Inject Postop Problems

- Same potential complications as iStent
- ▶ TWO stents



115

Hydrus® Microstent



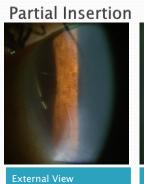
- · Flexible, 8 mm
- Nitinol (highly biocompatible material used in cardiovascular stents)
- Contoured to match canal curvature
- Three open windows face anterior chamber
- The canal-facing surface is completely open for unobstructed collector channel access

116

Good Insertion



117



Gonio View

118

Cypass Shunt

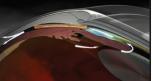


Approved for use in conjunction with cataract surgery

Supra-ciliary Space

Cypass Aqueous Flow





Cypass in position

Aqueous Flow

120

Kathy

- 1 Day postop still on Travatan, Tim, Azopt
 - VA sc 20/40 IOP 04
 - D/C Travatan and Azopt
- ▶ 1 Week postop.
- VA sc 20/30 IOP 06
- D/C Timolol
- 1 month postop.
- VA 20/30 IOP 07 (on no glaucoma meds.)
- 2 months postop.
 - VA cc 20/15 with +0.50DS
 - IOP 12



121

122

2/07/18 1 Week Postop.







123

125

Cypass Complications

2/07/18 1 Week Postop.

- Stent placement
- Early hypotony
 - · Decrease glaucoma meds as necessary
 - · Monitor weekly?
- IOP spike
 - It happens
 - · Manage aggressively-Diamox if necessary
- Corneal endothelial loss
 - · Compass-XT Study



124

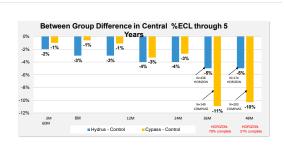
Compass-XT Trial

- At 5-year FU, 27.2 % (44/162) of implanted patients had more than 30% loss in endothelial cell density (ECD).
- Cell loss corelates with the amount the CyPass extends into the AC as assessed by the number of retention rings visible
- Mean endothelial cell loss (ECL) over years 2-5
 - 0 rings visible (55 patients): 3.1% 1 ring visible (65 patients) 8.4%, 2 rings visible (26 patients) 21.0%

 - 3 rings visible (eight patients)31.4%
- The 5-year endothelial cell loss data suggest that the general rate of cell loss does not plateau at 5 years post-implant.

Reiss G Clifford B et al AJO 2019 Dec:208:219-225

Hydrus¹ vs. CyPass²: Difference in ECL



Date on file – Ivantis, Inc.
 Lares S. Overview of the results from the 5 yr follow up study of the CyPs ESCRS. September 2018.

FDA Recommendations

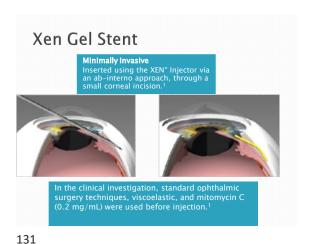
- All patients that have the CyPass device should be evaluated periodically for ECD using specular microscopy until the rate of loss stabilizes.
- Eye care providers should evaluate all patients with CyPass to assess device positioning by visualization of the number of retention rings visible on the proximal end of the device.
- Patients with two or more rings visible upon examination should be evaluated for ECL ASAP.
- Based on the ECD levels, and other factors such as age and time post-implantation, the surgeon should determine if additional surgical interventions (that is, trimming, repositioning, removal) are appropriate.

Alcon letter Sep. 18, 2018

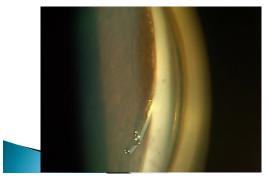
127

A Stent Too Far Trailing end looks OK Leading edge

129



Hydrus Stent: Short Sheeted



128



Innovative approach

- Requires a small corneal incision¹
- The first ab-interno approach to create a new pathway for aqueous flow from the anterior chamber to the subconjunctival space in refractory glaucoma patients¹
- XEN° is the first procedure that creates a low-lying, ab-interno bleb in refractory glaucoma²

Gel stent design

- ▶ 6-mm length, 45-micron lumen diameter¹—about the length of an eyelash³
- Gelatin, cross-linked with glutaraldehyde
- Hydrates and minimally swells, softens, and becomes flexible after implantation¹
- Preloaded, disposable injector¹ with a 27-gauge, double-beveled needle^{2,4,5}

130

Xen Complications

- Hypotony
- Bleb scarring
 - · Needling of bleb
 - 5FU/Mitomycin injection
- Blebitis
- Endophthalmitis

132

Quiet Xen Bleb





133

Xen Tube Manipulation



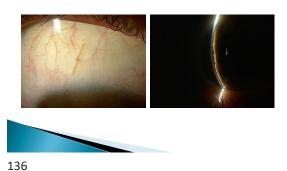
134

Troy

- ▶ 52yo M S/P Xen OD
- ▶ IOP running 05-07 > 1 year

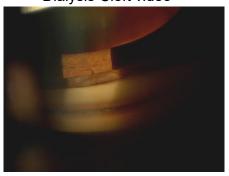


Troy S/P Xen



135

Dialysis Cleft video

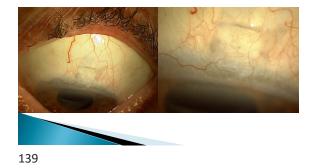


Trabeculectomy Complications

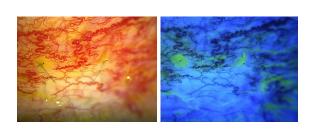


137

Quiet functioning bleb



Exposed Scleral Flap Sutures



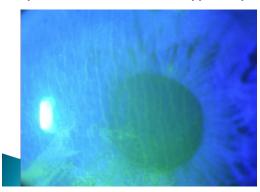
140

Goldielocks Scenario

- Filtering too much!
 - Leaking incision
 - Button hole leak
- Bleb dissection (360 bleb)
- Filtering too little!
 - Scleral flap tied too tight
 - Scleral flap scarred down
 - Conj. bleb scarring down
 - Internal sclerostomy closed

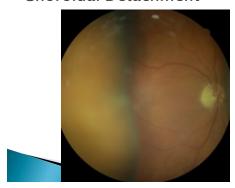


Epithelial Folds due to Hypotony



142

Choroidal Detachment



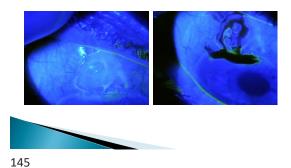
143

Carol

- Chronically leaky bleb
- ▶ IOP 12-20 despite leak
- Treated with
 - BCL
- Prokera amniotic membrane
- BCL with dry A. M.





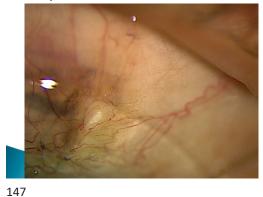


Carol W Video



146

Tiny Hole with BCL

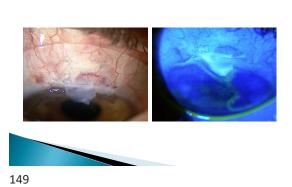


BCL with Amniotic Membrane



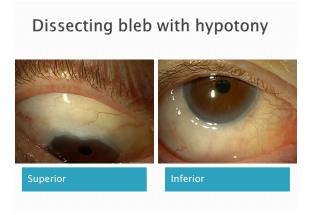
148

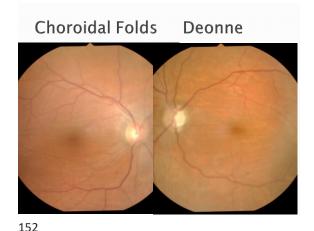
Blake Post Amniotic membrane



360 Degree Bleb Hypotony







151

Elevated IOP Postop

- Filtering too little!
- Scleral flap tied too tight
- Scleral flap scarred down Conj. bleb scarring down

Internal sclerostomy closed



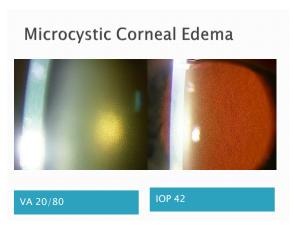
153



Management of Flat Bleb With High IOP

- Treatment based on cause and time frame
- Fist week postop
 - Scleral flap tied too tight-suture lysis when safe
 - Conj. bleb sticking down-bleb massage
- One Week-Two months
 - Scleral flap scarring down-burp flap/suture lysis
 - · Conj. Flap scarring down-5-FU injection
 - +/- needling
 - · Maintain steroid dosage
 - Internal sclerostomy closed-YAG opening?

154



156

Mark 1 Week Postop OD

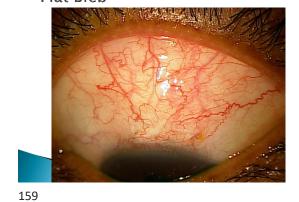


Mark 1 Week Postop OS

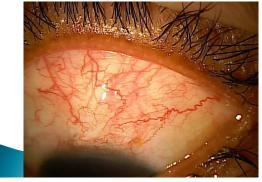


158



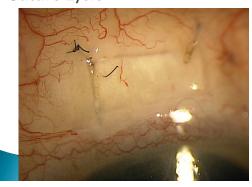


Bleb Massage video



160

Suture Lysis



161 162

5-FU Keratopathy



5-FU Keratopathy



163 164

Remember...

- Practice to your level of competence and comfort
- Don't hesitate to call surgeon for help
- Always tell patient "If you have any problems, like increasing pain or loss of vision, call us right away."

