Case Challenges in Optometry

Robert P. Wooldridge, OD, FAAO

Disclosure

- Speakers Bureau for Aerie, Novartis, Allergan, Bausch & Lomb, Glaukos, Ivantis, Reichert, Synemed
- Investor: Nanodropper

Amy 4.17.23

- 40yo F referred by hospital ED
- Had HA Lt. side of head starting 1 week ago (Day 1)
- Day 2 Extreme scalp tenderness left side only
- Day 3 Rash starting over Lt. brow and spreading
- Traveling in Switzerland so not seen in ED until Day 6
 - Treated with IV antiviral; Rx'ed Valcyclovir 1000mg TID
- Also C/O mucoid D/C and 6/10 pain OS; some blurred VA OS

4.17.23







4.17.23



4.17.23

- VA R 20/20+ L 20/30
- IOP R 16 L 20
- Pupils, EOM NL OU
- SLE:
 - Mucoid discharge
 - 2+ conj. and episcleral injection
 - Multiple pseudo-dendrites
 - AC: D/Q
- DFE: NL OU

What is your plan? (Cont. valcyclovir)

- 1. Continue valcyclovir only
- 2. Add trifluridine Q2H
- 3. Add ganciclovir gel 5x/day
- 4. Add moxifloxacin OS QID
- 5. Anything else?

Rob's Plan

- I. Continue valcyclovir 1000mg TID
- > 2. Add ganciclovir gel 5x/day
- ▶ 3. Atropine 1.0% OS QD
- 4. Tylenol 1000mg, Ibuprofen 400-800mg Q4-6H prn for pain
- 5. RTC 4 days
- ▶ 6 Call STAT if symptoms worsen
 - Increase pain, decrease in vision
- > 7. OK to work but don't go into the waiting room!

Treatment of Pseudodendrites in Herpes Zoster Ophthalmicus With Topical Ganciclovir 0.15% Gel

- Purpose:
- There is no standard of treatment for epithelial pseudodendrites in herpes zoster ophthalmicus (HZO). The purpose of this study is to report the topical antiviral drug, 0.15% ganciclovir for treatment of these lesions.
- Methods:
- This is a retrospective, interventional case series of 4 patients who were diagnosed with HZO epithelial pseudodendrites despite being given oral antiviral treatment and who underwent
 0.15% ganciclovir gel topical treatment. Main outcome measures included epithelial healing time, visual acuity, and corneal sensation.

Aggarwal, Shruti MD; Cavalcanti, Bernardo M. MD; Pavan-Langston, Deborah MD Cornea <u>33(2):p 109-113, February 2014.</u> | DOI: 10.1097/ICO.0000000000000020 Treatment of Pseudodendrites in Herpes Zoster Ophthalmicus With Topical Ganciclovir 0.15% Gel

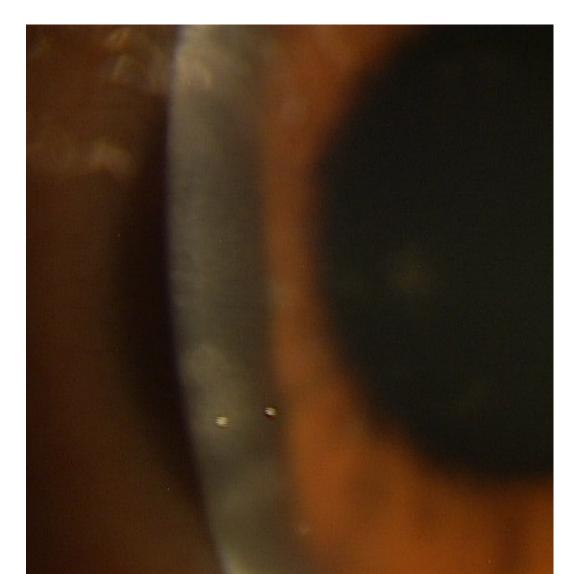
- Results:
- All 4 patients were immunocompetent and had epithelial lesions unresponsive to antiviral treatment with oral valacyclovir. Treatment with topical 0.15% ganciclovir gel 5 times a day resulted in the lesions healing successfully within 7 days with improved visual acuity in 3 patients and an increase in corneal sensation in 2 of the 4 patients.
- Conclusions:
- Topical 0.15% ganciclovir gel, 5 times a day until pseudodendritic lesion healing and tapering to bid for 2 to 4 weeks thereafter, is an effective treatment for pseudodendrites in HZO-affected cases that are often a challenge to manage with other oral or topical antivirals.

4.21.23

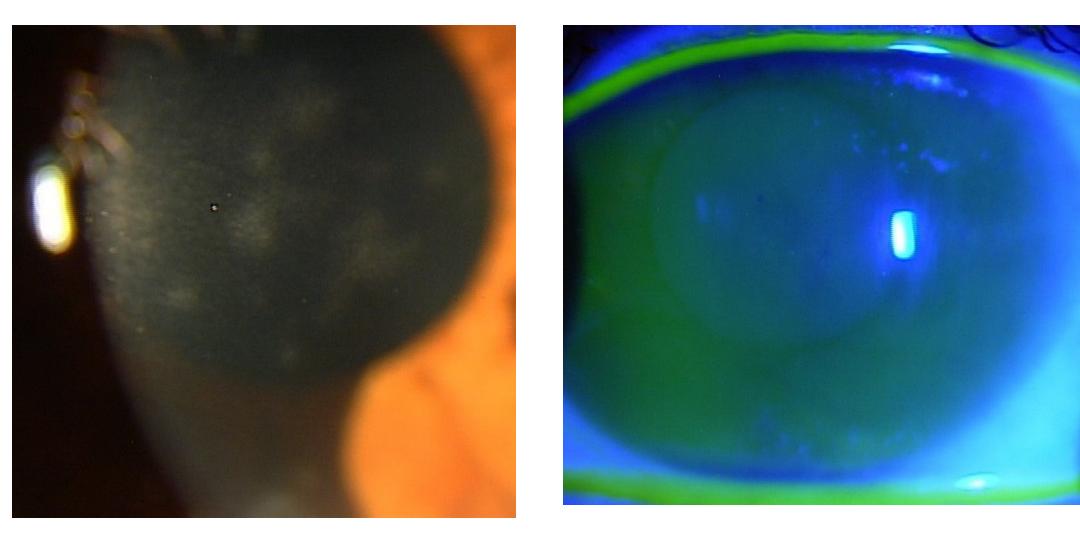
- Using meds as prescribed
- Pain is improving
- VA R 20/20 L 20/40
- ► SLE
 - 1 + conj and episcleral injection
 - K: Epithelial lesions still present but Neg FL stain
 - AC: D/Q

4.28.23

- She has finished the ganciclovir, atropine and Valtrex
- Fell and lacerated her face
 - Treated at ED
- Face now feels numb
- Now has multiple cloudy SE corneal lesions
 - Neg. FL stain



4.28.23











What is your plan?

- I. No treatment necessary
- > 2. Other options?

Rob's Plan

- I. Prednisolone acetate OS QID
- > 2. Resume ganciclovir OS TID
- 3. Advised to discuss PO Prednisone with her dermatologist to decrease risk of post herpetic pain
- 3. Buy a Pirate's Patch and stuffed parrot to go with your scar

5.5.23

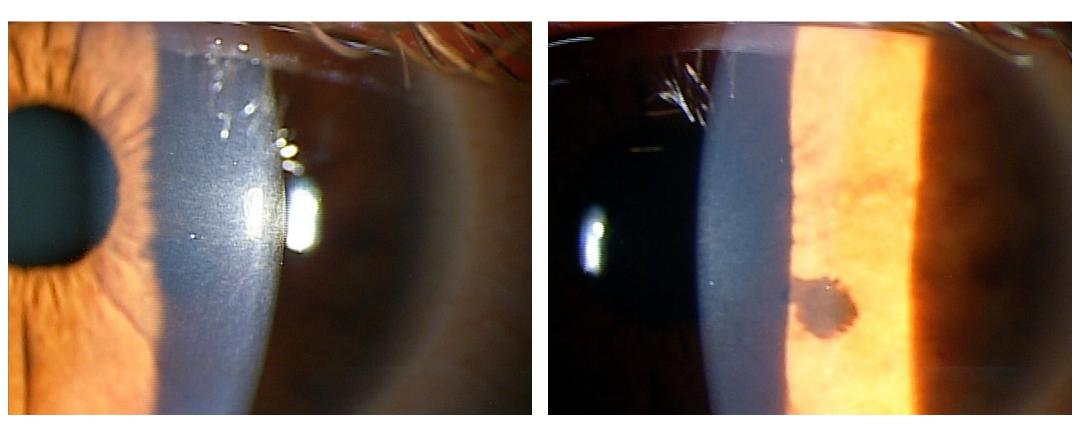
- Derm. Rx'ed methylprednisolone 6-day taper
- Reports VA improving
- VA OS 20/20
- Previous corneal lesions 90–100% cleared
- Plan
 - DC ganciclovir gel and atropine
 - Taper off prednisolone

5.5.23



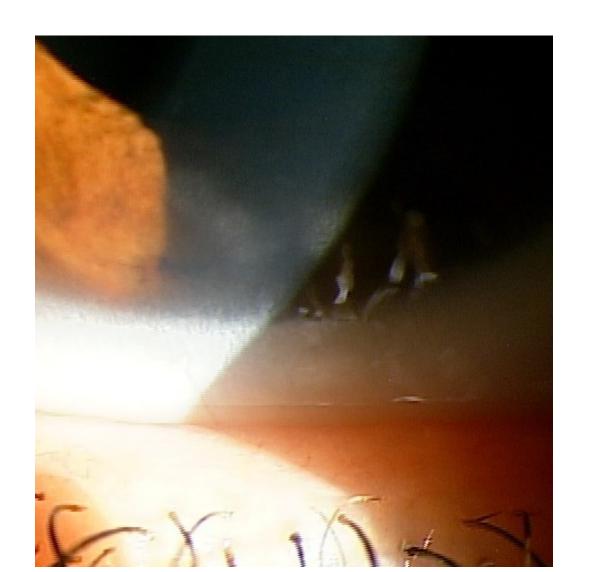


5.05.23 Lesions Cleared

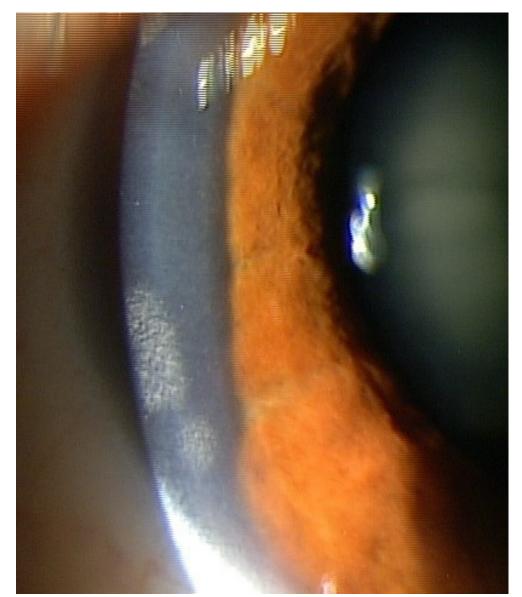


6.2.23

- Patient reports no change in VA
- No longer using any drops
- VA 20/50 OS but sc

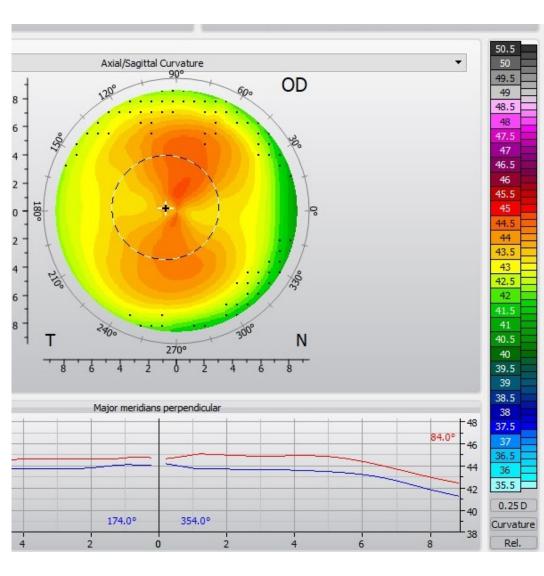


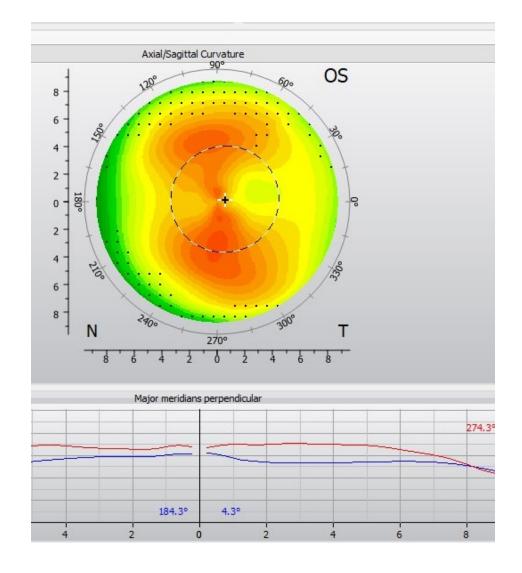
6.02.23 They're Baaack!





6.2.23





6.02.23 Plan

- Resume Valcyclovir 500mg BID
- Resume prednisolone acetate QID x 1 wk., taper
 - Will later switch to loteprednol for safety
- RTC 2 weeks

Scott 3.16.23

- 43yo WM long-haul trucker from California
- C/O swollen LUL since 2/27/23
- Minor pressure feeling above/behind eye; no pain
- Gradually increased, worse in the AM
- Saw OD in CA: Rx'ed Keflex 700mg BID
 - Helped for 1-2 days, edema then recurred
 - Rx'ed Augmentin 875mg BID on 3/8/23
 - Helped a little for a few days but recurred
 - Also Rx'ed probiotics and Benadryl
- No effect on vision
- Patient has no medical illness or PCP
 - "I never see a doctor."

Scott 3.16.23





Scott 3/16/23

- VA sc 20/15 OU
- EOM Full without diplopia
- Pupils: NL, Neg. APD
- CVF: FTFC OU
- Exophthalmometry: 92 Rt 17 Lt 18
- SLE: OS
 - 1–2+ conj. Injection Temp/Sup.
 - 3+ episcleral injection Sup., 2+ Temp.
- OD All quiet
- DFE: Unremarkable OU

What is your diagnosis?

- 1. Dacryoadenitis
- 2. Orbital myositis
- 3. Orbital tumor
- 4. Thyroid Eye Disease

What is your plan?

- I. Order MRI Brain/orbits
- 2. Order orbital CT
- 3. Order orbital ultrasound
- 4. Order CBC, ESR, CRP, TSH

What will you prescribe today?

- 1. Another dose of Augmentin 875 BID
- > 2. Prednisone 60mg QD and taper
- 3. Durezol OS QID
- 4. Desonide cream to ecternal lids BID

Rob's Plan

- I. Order MRI brain and orbits with/without contrast
- 2. Rx: Durezol OS QID
- 3. Finish current course of Augmentin
- 4. order
 - CBC, CMP, ESR, CRP, ANA, IgG4, Antineutrophil Cytoplasmic Ab

Scott 3.16.23 MRI Result

- 1. Edematous and enhancing left lacrimal gland causing mild mass effect on the adjacent LSR. Associated preseptal and periorbital soft tissue swelling. Findings most likely secondary to dacryoadenitis with obstruction of the lacrimal duct. An intrinsic neoplastic process or idiopathic iflammatory disease considered less likely.
- 2. No intraconal inflammation
- 3. Normal optic nerves
- 4. Normal MRI brain

3.16.23

- Called patient with MRI report
- Phone consult with orbital surgeon regarding possible need for biopsy
- Sent in Rx for prednisone 60mg on tapering dosage
- Blood work still pending
- Advised patient to stay in SLC for a few days

Scott 3.20.23

- Edema has significantly decreased
 - Confirmed on exam
- **BP**: 131/91
- Advised to continue prednisone taper
- Ordered orbital U/S for possible additional differentiation of abnormality
- RTC 2 weeks
- Call STAT if symptoms worsen









Blood Results

- CBC, ESR,CRP,IgG Qn, Antinuclear Antibodies, ANA all NL
- CMP normal except for elevated
 - BUN, BUN/Creatinine ratio, Albumin, ALT

Ultrasound results

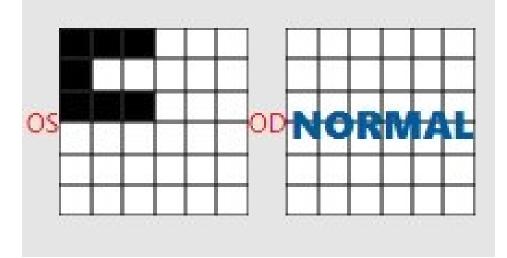
- Normal posterior sclerae, orbits, lacrimal glands
- Thickened LSR (6.64mm) compared to RSR(2.42)
- Internal reflectivity low to medium consistent with inflammatory myositis

Scott 4.17.23

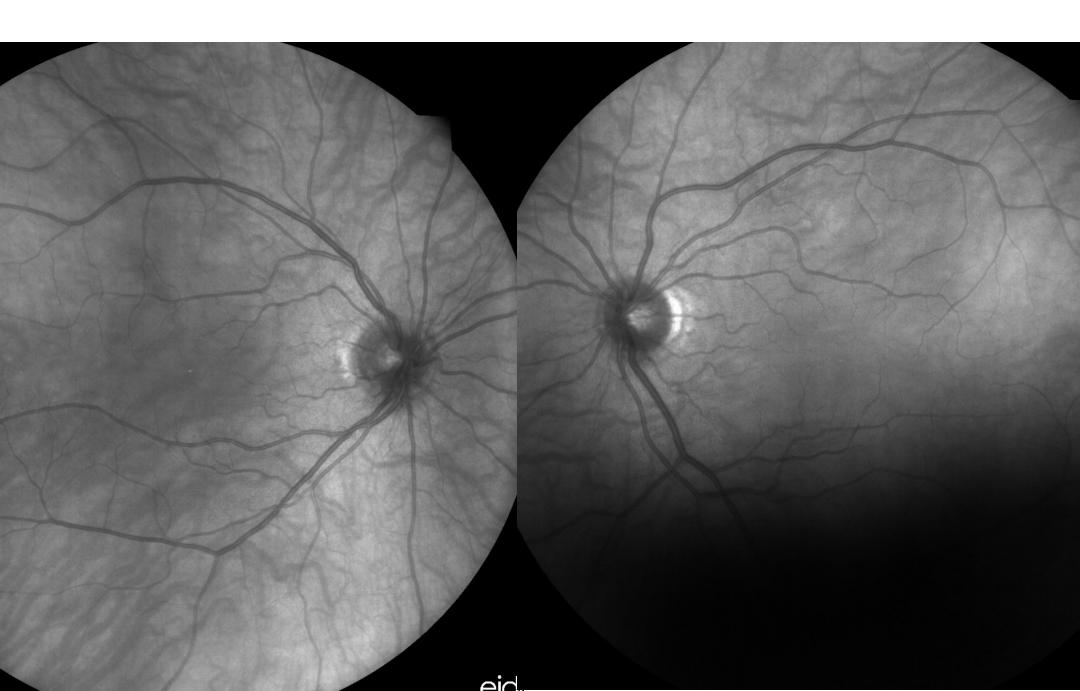
- Reports lids are "Back to normal."
- Vision is "doing great."
- Has completed the prednisone taper and durezol
- Denies pain, swelling or irritation of any kind
- Exam is normal
- Discussed possible repeat MRI confirm no residual mass or other problem
 - Patient demurs
- Advised to establish care with PCP in his hometown
- Call STAT with problems

- 35yo WF C/O sudden onset visual disturbance OS 2 days ago
- Black C-shaped scotoma with bright borders
- Stable since onset
- No complaints OD
- MH: Currently ill with COVID

- VA R 20/15 L 20/15-2
- Pupils, motility, CVF NL OU
- IOP R 17 L 21
- SLE: Quiet OU
- DFE: DMVP NL OU
 - Vitreous Neg cells



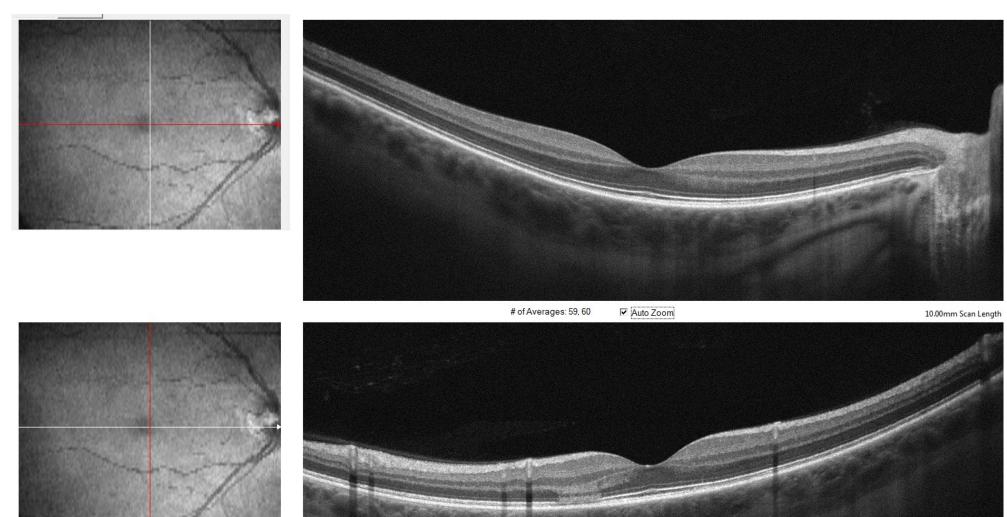




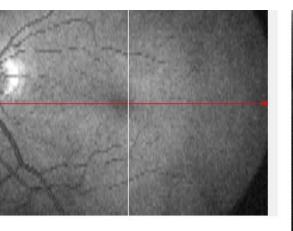
What test do we order next?

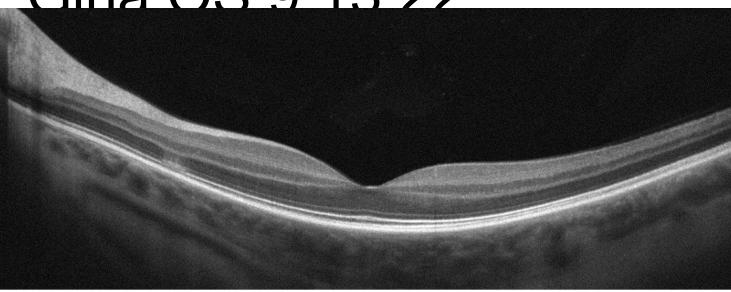
- 1. OCT Macula
- 2. OCT Optic nerve
- 3. Visual field
- 4. MRI Brain

Gina OD 9 13 22



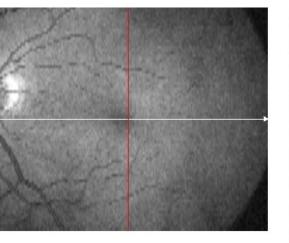
Gina OS 9 13 22

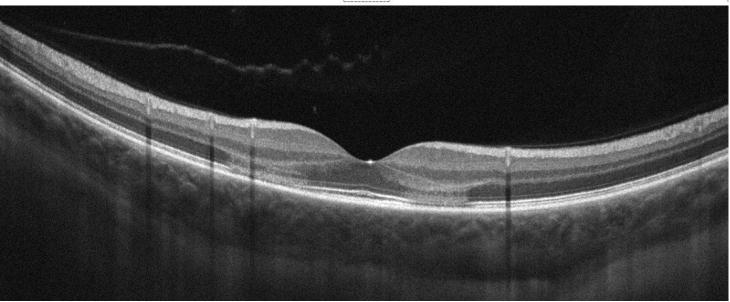




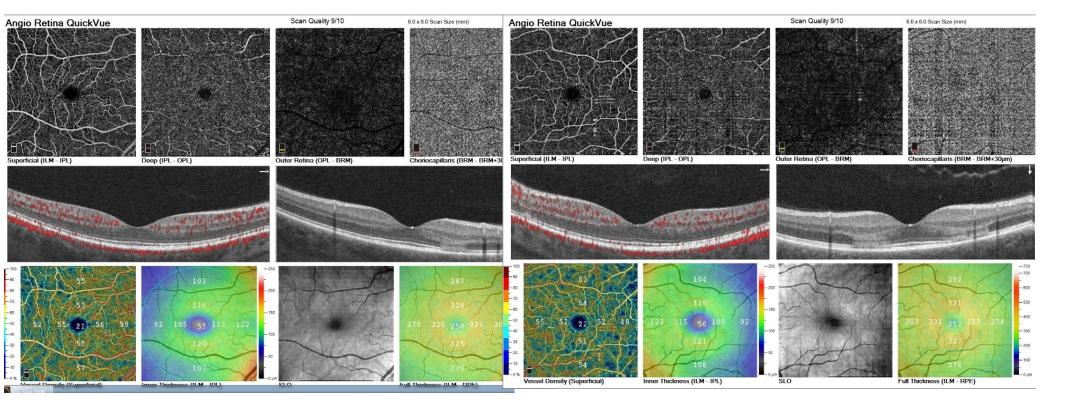
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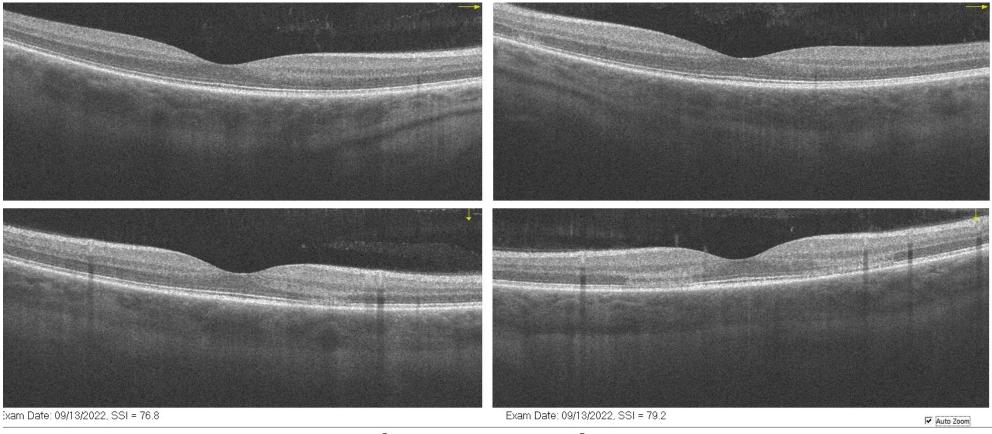


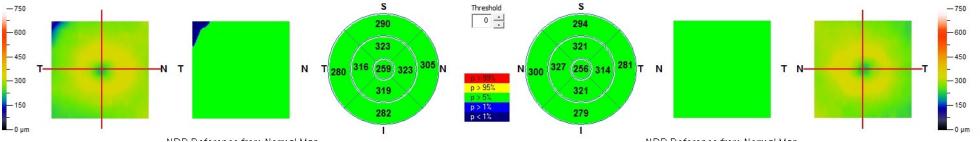


Gina OD v OS 9 13 22



Gina OD v OS 9 13 22



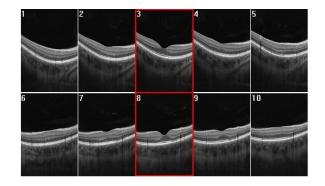


- Impression
 - Abnormal OCT macula OU
 - Symptomatic OS only
- Plan
 - Monitor
 - RTC 2 weeks: OCT, VF

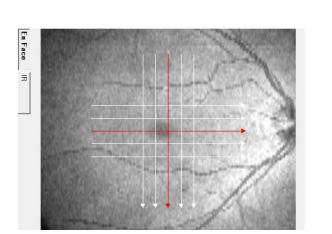
Gina 9 29 22

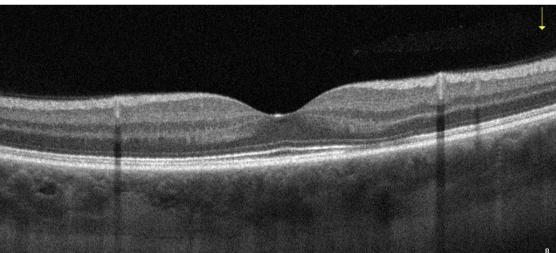
- States VA stable since last exam except
- Scotoma looks like a kaleidoscope image
- She has had multiple MRI's in past toR/O MS, Lupus with loss of sensation in hands and feet
- No new symptoms
- VA R 20/15 L 20/15-1
- Scotoma unchanged
- Order OCT, VF

Gina OD 9 29 22

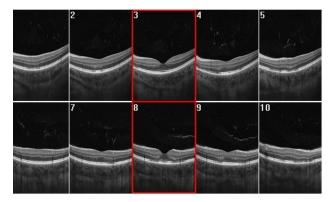




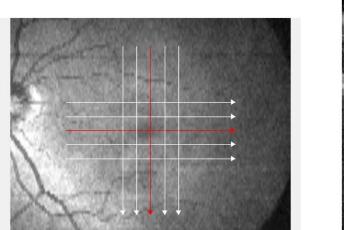


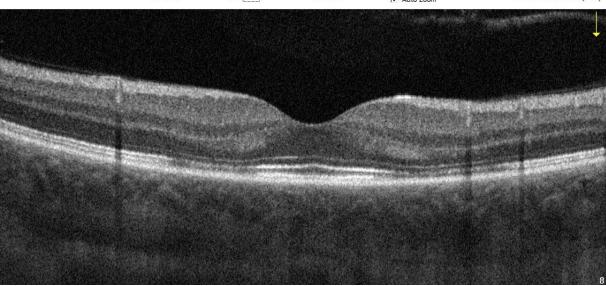


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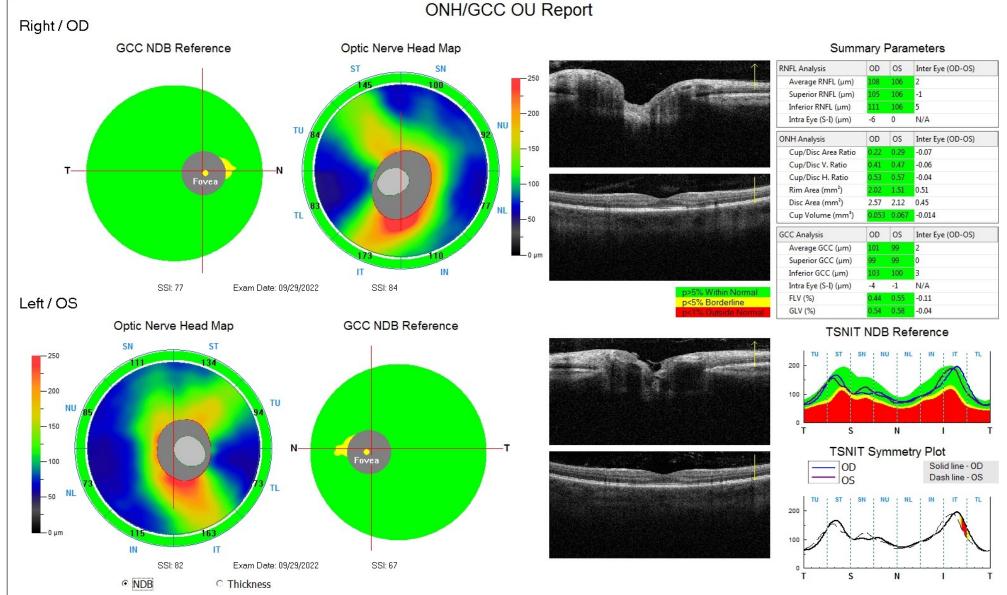








Gina 9 29 22



Gina 9 29 22

Central 10-2 Threshold Test

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EYE FOUNDATION OF UTAH
201 EAST 5900 SOUTH, SUITE 1
SALT LAKE CITY, UTAH 84107
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Central 10-2 Threshold Test

9 29 22

Impression

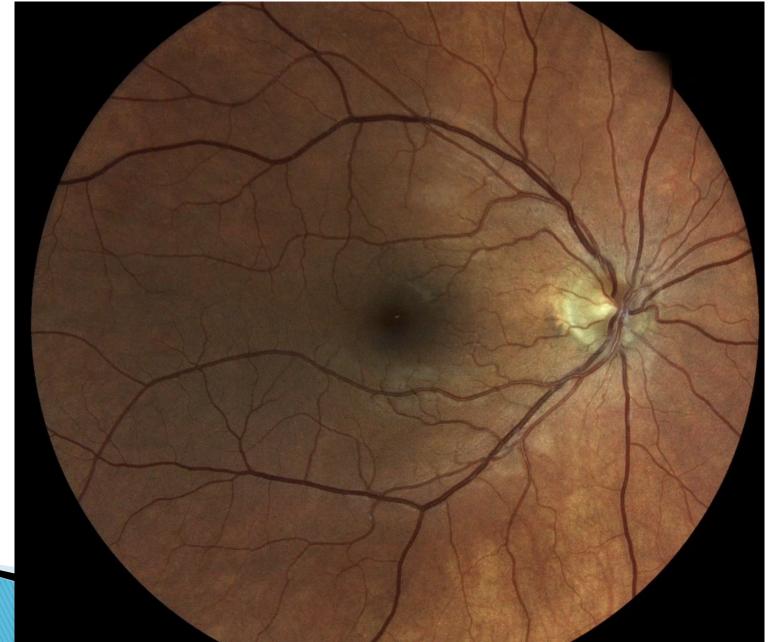
- OCT macula improved OU
- OCT ON Normal OU
- VF shows bilateral defects Left upper quadrant
- Plan
 - MRI brain/orbits
 - Results normal

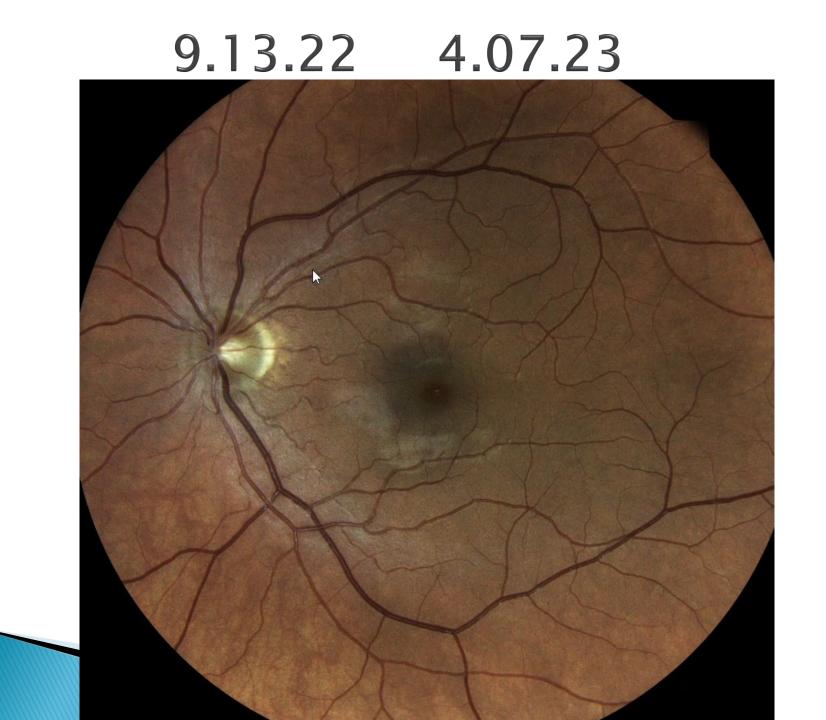
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- Reports scotoma OS persists, vision other3ise stable OU
- Seeing neurologist for vestibular neuritis likely due to COVID and long term migraines
- VA 20/15 OU

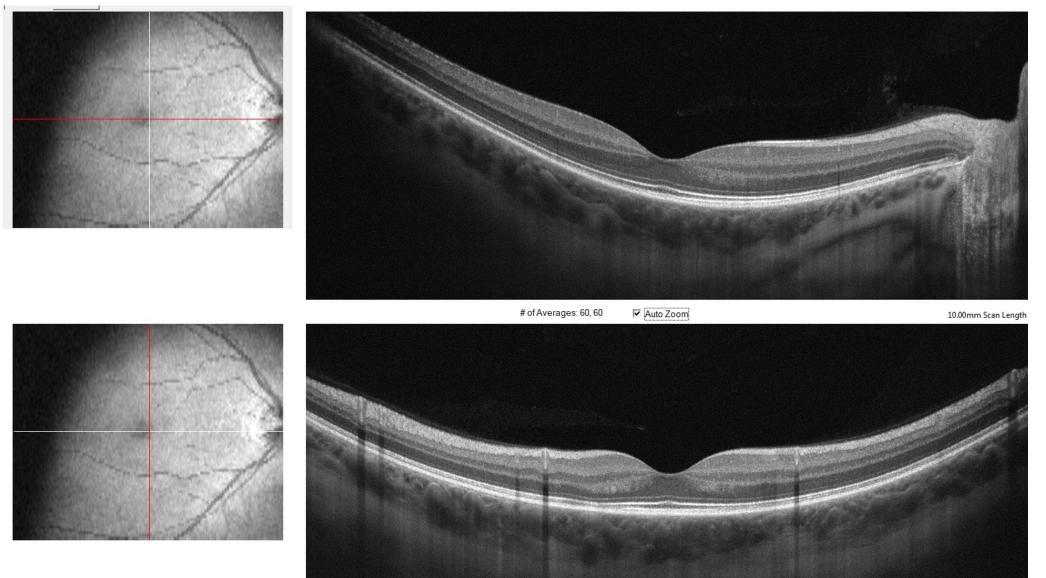


4.07.23

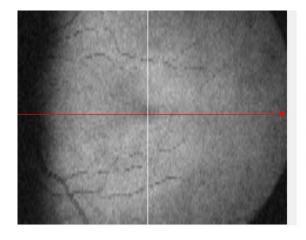


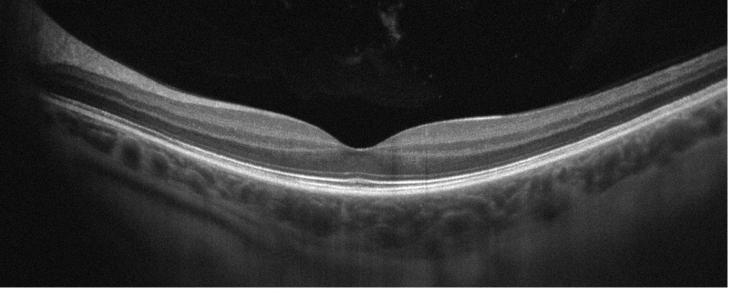


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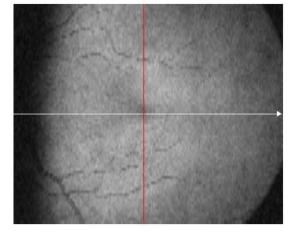
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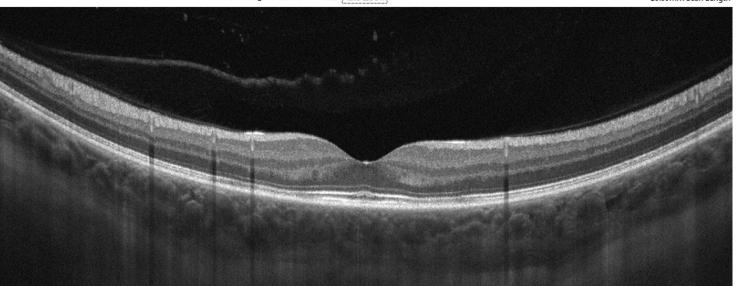




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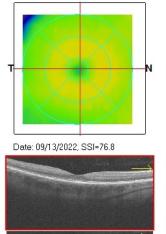
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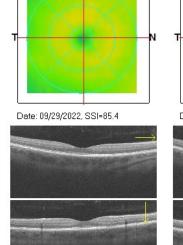




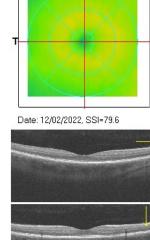
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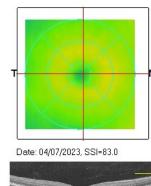
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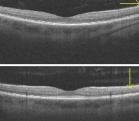
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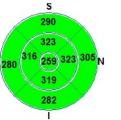
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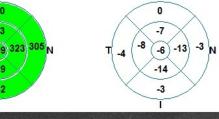
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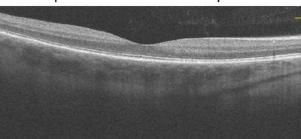
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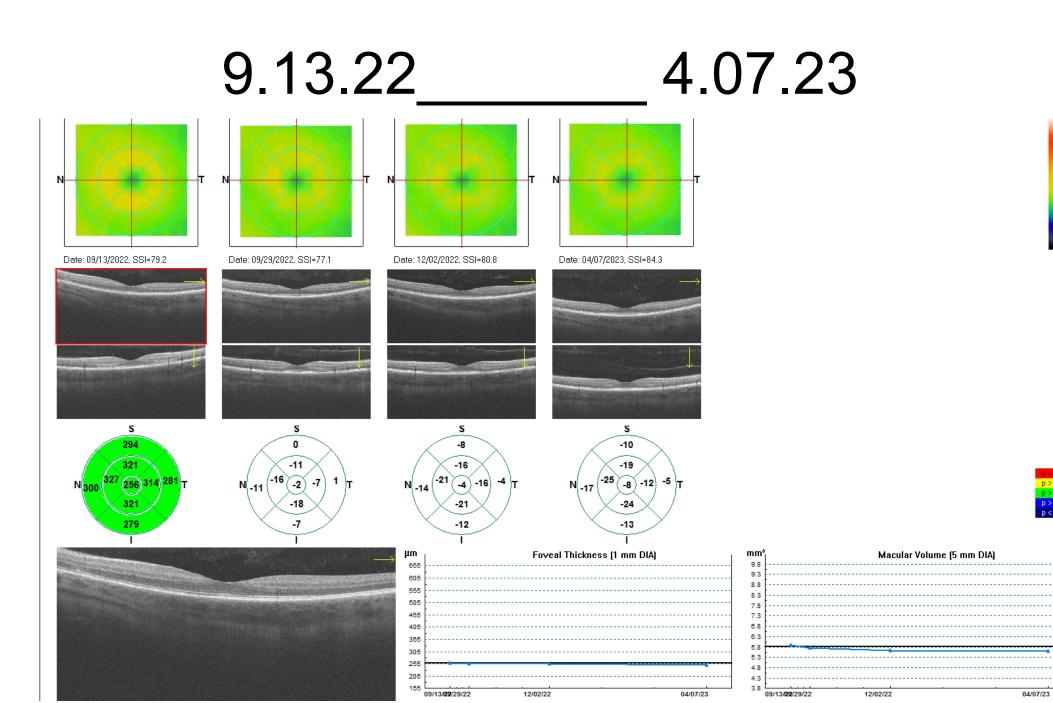






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Gina 4 07 23

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1.2

Fixation Monitor: Gaze/Blind Spot	Stimulus: III, White	Pupil Diameter:	Date: 04-07-2023
Fixation Target: Central	Background: 31.5 ASB	Visual Acuity:	Time: 7:31 AM
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Plan

- mfERG, VEP, neuro-ophthalmology consult
- Testing not performed
- Diagnosed Acute Macular Retinitis

COVID-Related Retinopathy

- Acute Macular Neuroretinopathy (AMN)¹
- Paracentral Acute Middle Maculopathy (PAMM)^{1,2}
 - Characterized by sudden onset of single or multiple paracentral scotomas, which persist indefinitely or may resolve partially over several months.¹
 - Most scotomas spare central fixation.¹
 - Believed to be secondary to retinal capillary thrombosis
 - Lesions typically more visible on OCT/OCTA than on color photographs or exam
 - 1. Goyal M, Murthy SI, Annum S. Retinal manifestations in patients following COVID-19 infection: A consecutive case series. Indian J Ophthalmol 2021;69:1275-82.
 - 2. Sonmez HK, Polat, OA, Erkan, G Photodiagnosis and Photodynamic Therapy Vol 35, Sep 2021

Kayla

- > 30yo WF referred with possible papilledema
- Vision OS became dim about a week ago and has just cleared, now back to normal
- Vision OD became dim and blurred yesterday
- No other visual or ocular complaints
- She has Undifferentiated Connected Tissue Disease and has had extensive workup by Rheumatology
- Possible Lupus v Seronegative Rheumatoid Arthritis
 - Complete hair loss, oral ulcers and tongue fissures (fungal), 20lb. Wt. loss, swollen painful joints, whole body rash



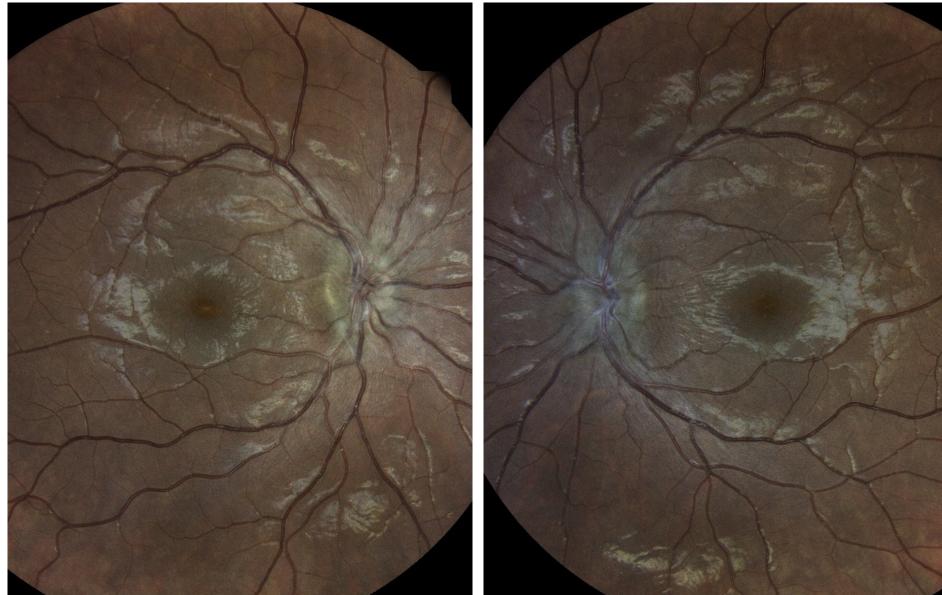
She is 12 weeks pregnant

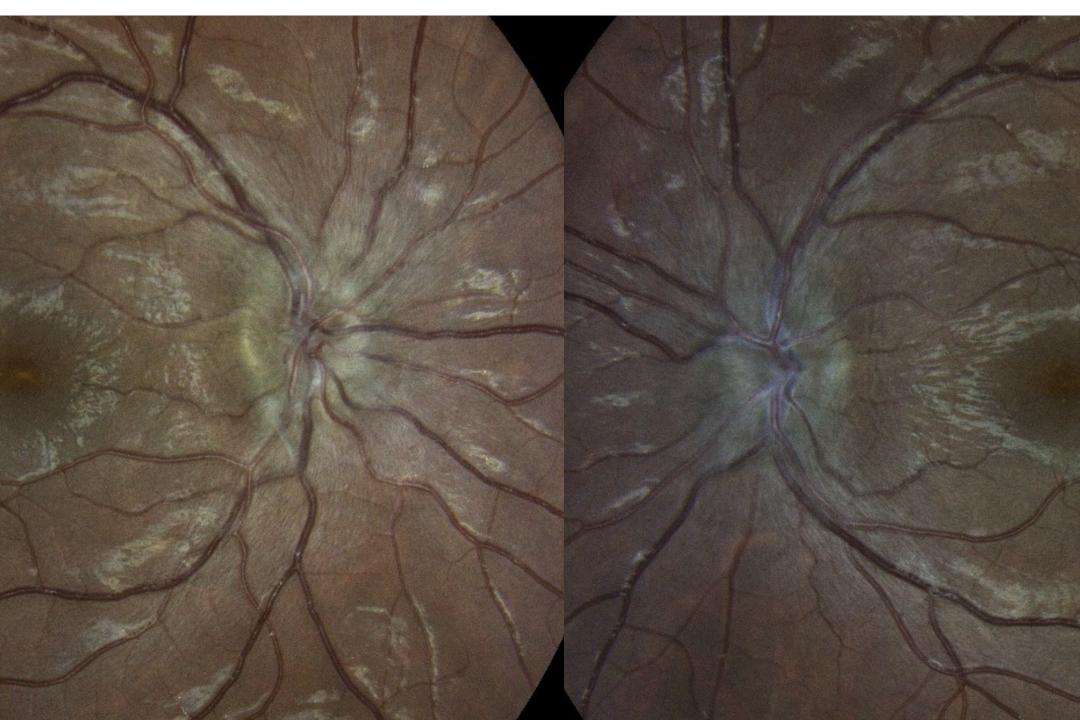
Kayla

- VA R 20/20 L 20/15
- IOP 10mm Hg OU
- Color 12/12 correct OD, OS
- Pupils normal OU; Neg. APD
- SLE: Ant. Seg. Quite OU, AC D/Q
- Discs OU are elevated everywhere but temporal
- Maculae NL but possible yellow spot OD
- Periphery: scattered lattice, neg breaks
- Vessels NL OU

Vitreous: 1+ Ant. Cells, 2+ Post. Cells OU

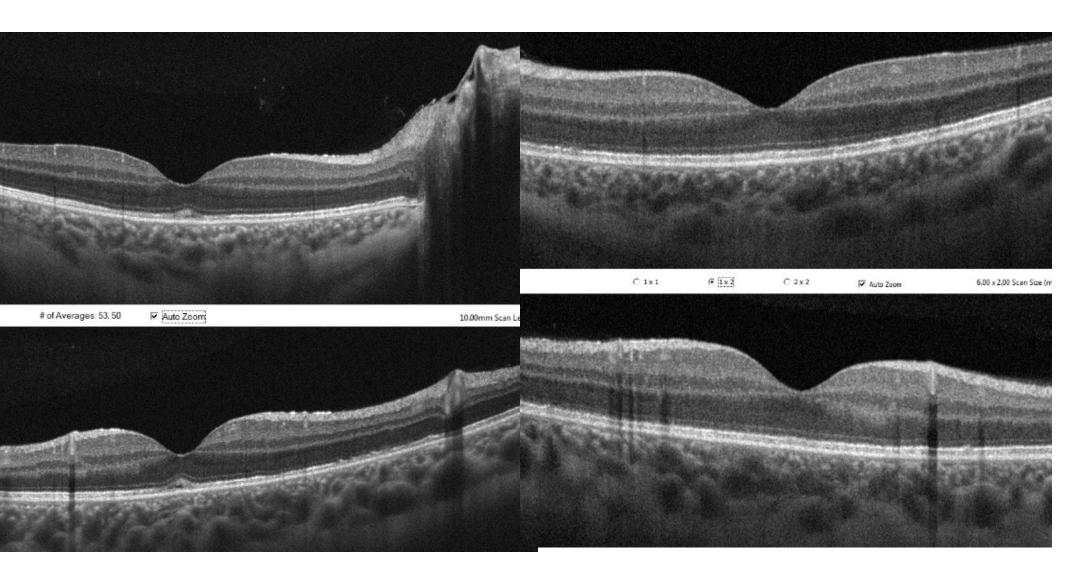
Kayla 5 2 23

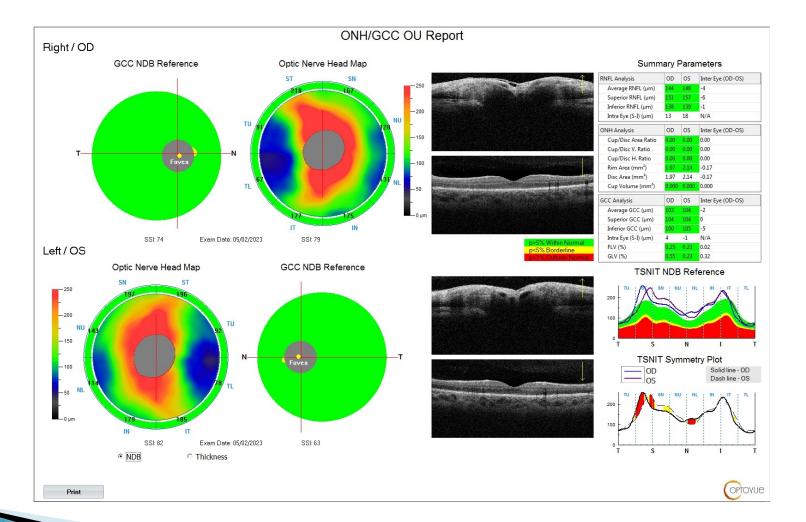




5223 OD







5223

ngle Field Analysis								Eye: Left				
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Impression

- Uveitis (Vitritis)
- Probable bilateral optic nerve edema

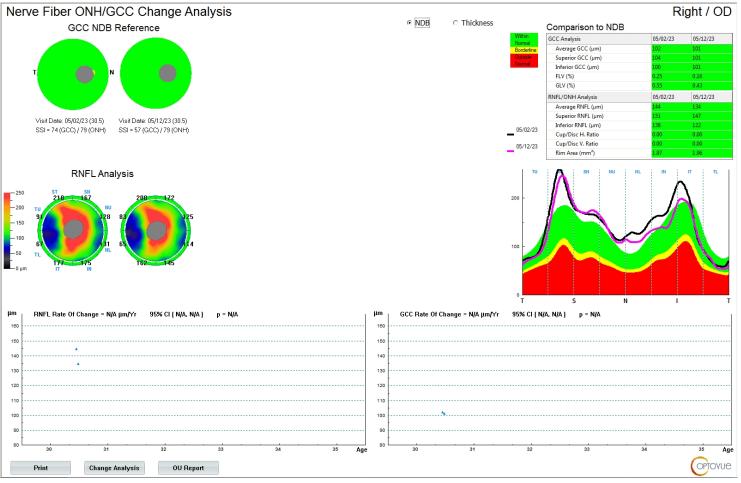
Plan

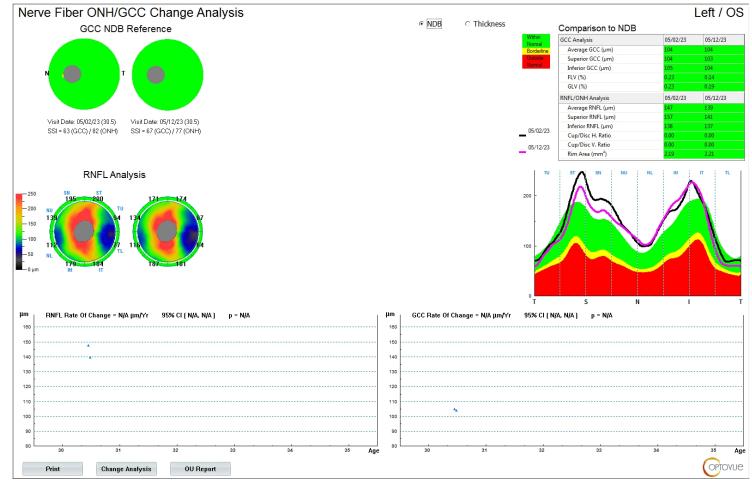
- Discussed possible MRI Brain, orbits: Agreed
- Discussed possible Lumbar Puncture: Deferred
- Will consult with her rheumatologist and request blood results
- Discussed possible neuro-oph consult: JMEC doesn't accept her insurance

5 12 23

- MRI Brain was unremarkable except for some swollen lymph glands in neck
- Patient reports her vision has cleared OU
- C/O mild transient pain above RE
 - Does not increase with ocular movement
- VA R 20/25+ L 20/20
- SLE, DFE unchanged OU
- Again discussed neuro-oph consult, lumbar puncture
 - Patient deferred

OD





May 2 v May 12



Salt Lake County Health Dept. Call

- Her RPR is reactive
- Patient has syphilis
- OB GYN consult, he wants to know if her visual/ocular problems be related?
- I recommended LP, CSF analysis to check for syphilis
- He agrees to arrange

FU call June 3

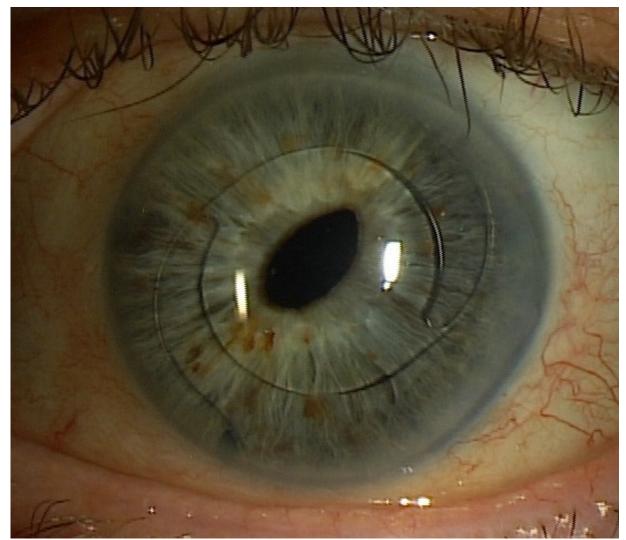
- Opening pressure was 195 mm H2O
- CSF tested positive for neurosyphilus
- Underwent two days of inpatient IV AB treatment
- Now will have home IV treatment for another two weeks

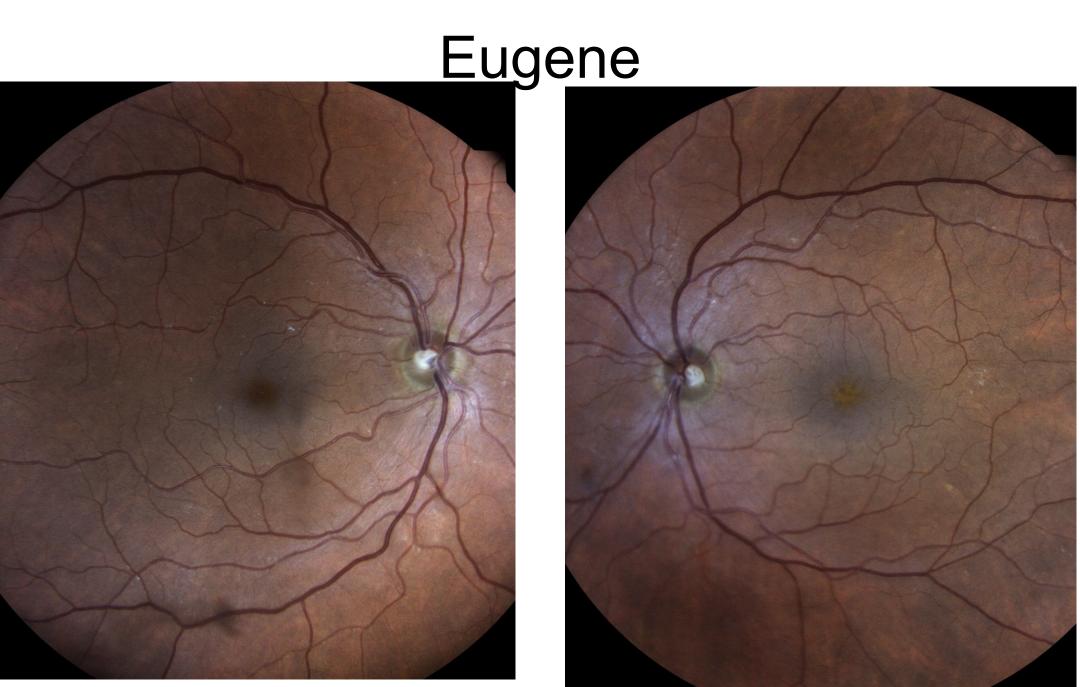
Eugene 4.03.23

- 68yo WM C/O red LE x 5 days
- Got something in his eye while cleaning metal
- Looked in mirror and noticed red LE and oval pupil
- Was seen in ED yesterday
 - Given topical antibiotic
- No pain but does report decreased VA OS
- H/O prior phaco/IOL with IOL exchange at JMEC
- He is sure oval pupil is new

Eugene 4.03.23

- VA cc R 20/20 L 20/25-
- IOP R 21 L 16
- SLE, DFE as seen

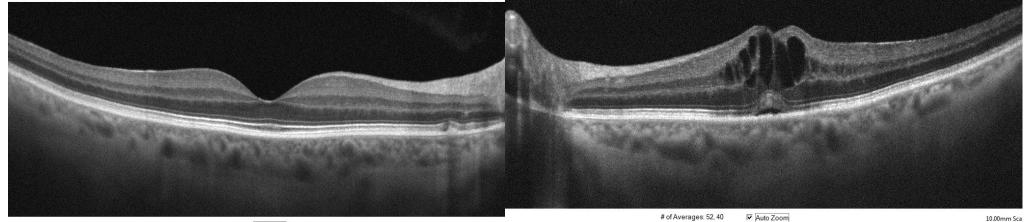


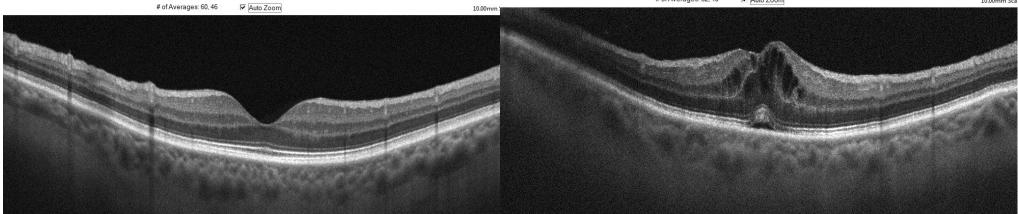


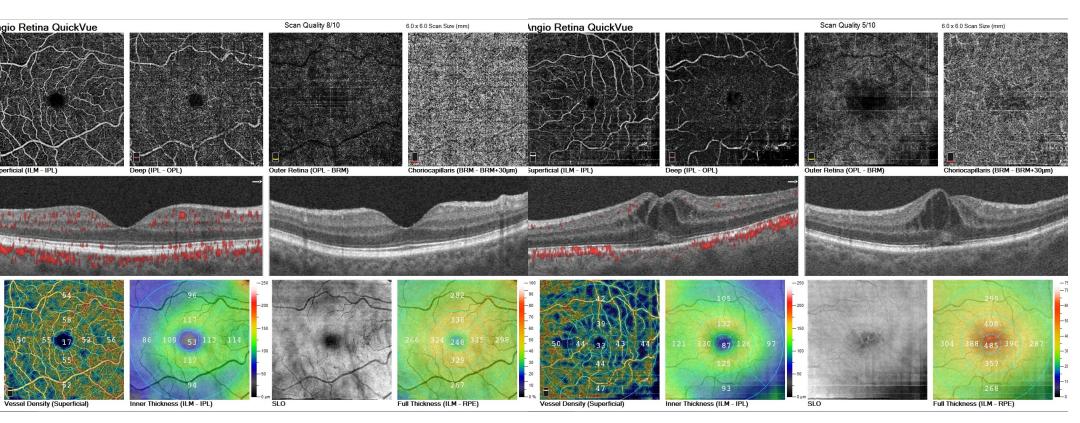
Eugene 4.3.23

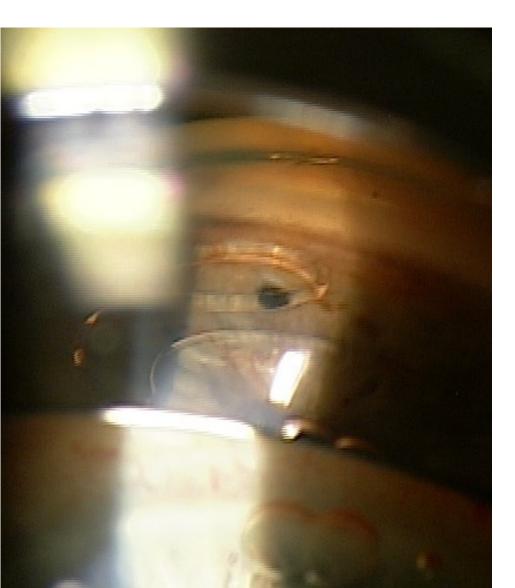
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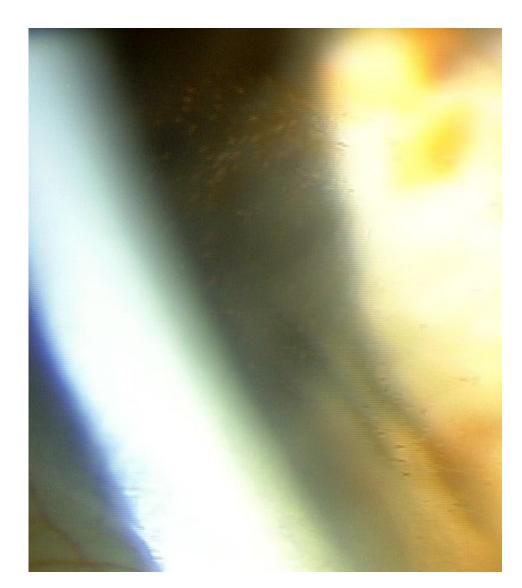
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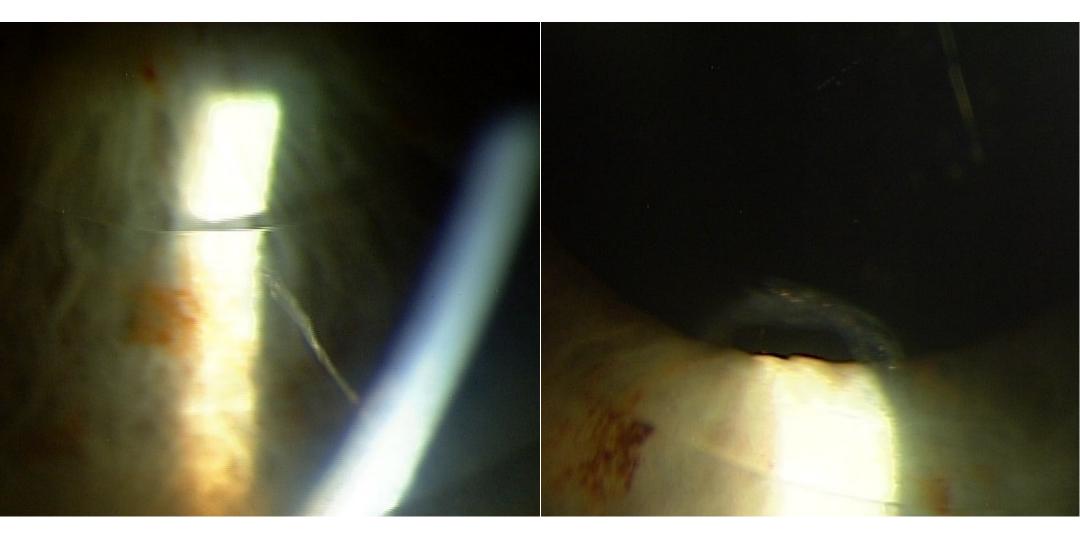












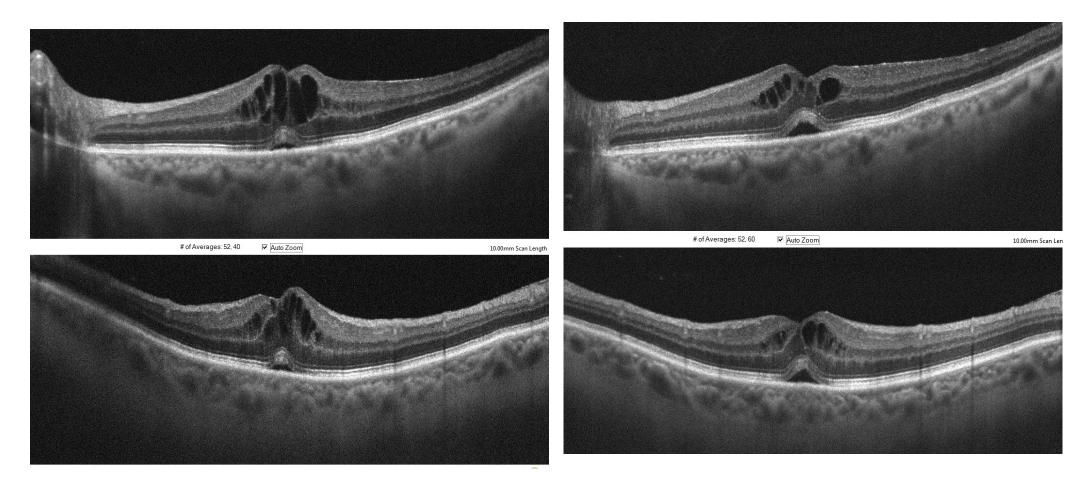
What is your diagnosis?

What is your treatment plan?

Rob's Plan

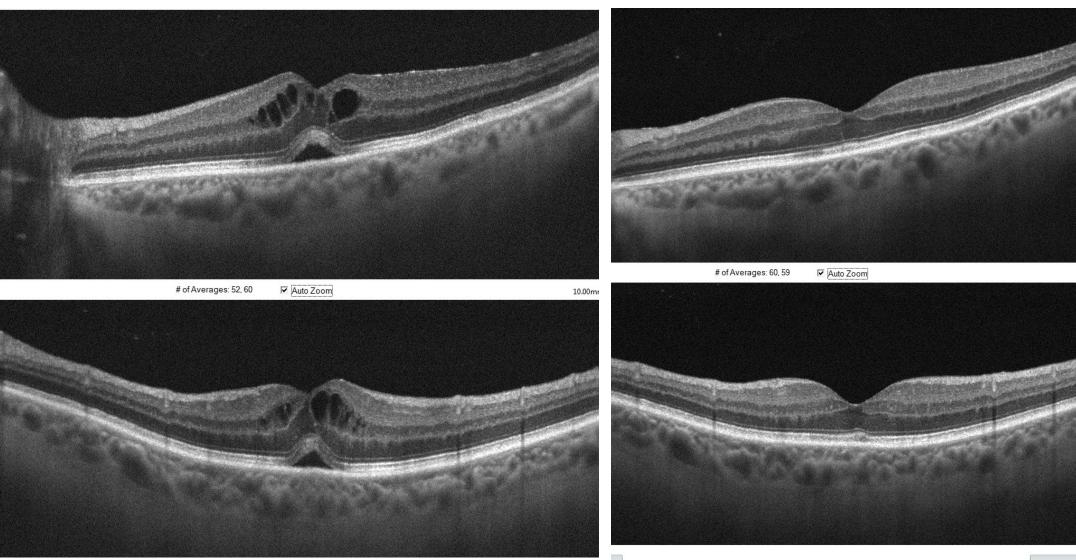
- Irvine–Gass Syndrome
- Management
 - Schedule YAG lysis of vitreous strand
 - Continue moxifloxacin as prescribed at ED
 - Add Pred Acetate OS QID

4.20.23



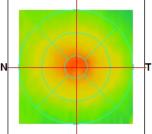


5.11.23



ETDRS Change

RPE Elevation

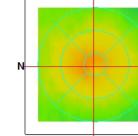


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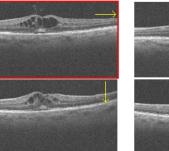
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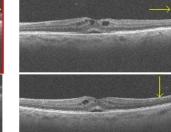
495

281



Date: 04/03/2023, SSI=45.1 Date: 04/20/2023, SSI=48.1





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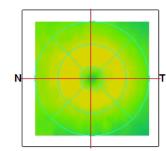
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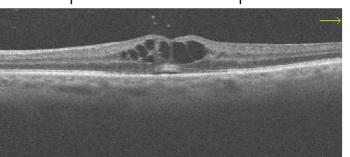


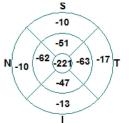
Date: 05/11/2023, SSI=72.7

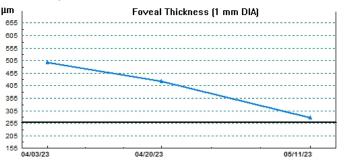
Eugene Progression Analysis

Left / OS



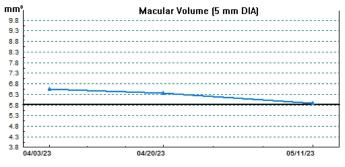






Retina Map Change Analysis

Full Retina Thickness Map



Print

OU Report

